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## **September 2024 Newsletter**

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### **#liMEC16 ME Conference Videos**

We have published the videos from our #IIMEC16 conference - 16th Invest in ME Research International ME Conference in June.

All of the videos from the presenters are available for free on our web site.

We hope also to augment with additional panel sessions once available.

Click here for the #IIMEC16 page containing the video links

### **Conference Week Notes**

We also made a few notes about events in and around our International ME Conference Week in June - events that included our researchers' Colloquium (our thirteenth) and another Young EMERG early career researcher workshop - and also another meeting that we tried to arrange,



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## **Young EMERG**

The Young EMERG group also produced feedback from the Young EMERG SPARK ME workshop for early career researchers held during conference week.

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## **International ME Conference Week 2025**



We revert to our usual time in May for our 2025 conference week events. More information will be present on our overview page.

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#### **LIVILA News**

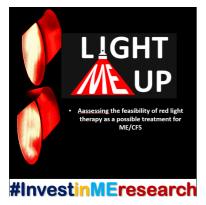
The European ME Alliance received 'official Non-State Actor accreditation' status from WHO Europe 's Regional Office for Europe during WHO Europe's 73rd Regional Committee Meeting (RC73). This status allows EMEA to participate in WHO Europe Regional Meetings and to make official statements on agenda topics of interest. In this way, EMEA aims to increase awareness, recognition, and action on ME/CFS by WHO Europe's 53 member countries.

#### **#IIMEC16 WHO Video**

WHO Europe provided a video in support of liMER's International ME Conference Week. The video from Dr Cathal Morgan, at the WHO Regional Office for Europe, was played at the beginning of the IIMEC16 conference for delegates to the Young EMERG Early-career researcher workshop, the 13th Biomedical Research into ME Colloquium #BRMEC13, and the 16th International ME Conference #IIMEC16. The video is included on our IIMEC16 video page.



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# **Red Light Therapy - Ongoing Study**

Our newsletter subscribers should have seen a separate newsletter regarding the new Red Light Therapy study that is being performed by the Quadram Institute at the centre in Norwich Research Park.

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MP Alice Macdonald, Member of Parliament for Norwich North, mentioned the Quadram Institute and the Invest in ME Research Charity Ian Gibson fellowship in her maiden speech in Parliament.

From 21:23:52 https://buff.ly/4dFOfbH



The Invest in ME Research Ian Gibson Fellowship was our tribute to the work and life of Dr Ian Gibson - so closely connected with the charity and the work to build up a research base for ME at the centre in Norwich Research Park.

Read more

## **ME Clinic Opens in Iceland**



A clinic for patients with ME/CFS and long-Covid has been established in Iceland that will serve patients nationwide. It has been named "The Akureyri Clinic" after the town in Northern Iceland where it is located, which notoriously experienced an epidemic of ME/CFS 75 years ago that became known as the Akureyri disease.

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## **Supporting IIMER**

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Our thanks to **Rory Preston** who raised an amazing £3263 for IiMER during his birthday campaign.
All destined for biomedical research.

# **Mike Harley**



Mike Harley continues his incredible campaign of European marathons for IiMER's research into ME - now preparing for the Podgorica Marathon in Montenegro on 10 November.

With over 9000 miles run for IIMER over nine years in 31 European countries so far Mike still has plans



Thanks to all our supporters contributing funds and votes for liMER in the MyGivingCircle competition. liMER takes no salaries and all funds raised are going directly to research and associated activities.

Votes needed every 7 days - research really is the answer! https://mygivingcircle.org/invest-inme-research

# **Emily Scott**

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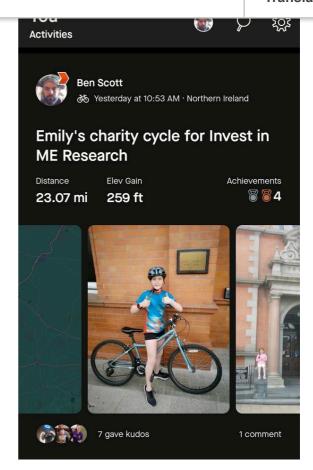
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had to look twice when reading this), Moldova and San Marino.

The charity has been able to invest over £50k into biomedical research into ME due to Mike's efforts - and countless examples of raising awareness across Europe for ME by Mike have generated more knowledge about the disease to a multitude of people and organisations.

Please spread word of his site and JG page - <a href="http://www.mikeseumarathons.eu">http://www.mikeseumarathons.eu</a>

www.justgiving.com/mikeseumarath ons



Also, a quick mention of our other great marathon runner. Ben Scott, whose daughter Emily completed a 23 mile cycle from home, via Portadown Town Hall to Newry Town Hall for liMER - an idea she had as part of her Brownies Badge Work.



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efforts and these can be seen on our social media sites (use the buttons below).

We can only pass our tremendous gratitude for all the efforts undertaken to sustain these foundations of research in Europe that have been made possible by this selfless support.

Invest in ME Research is a charity of volunteers - but working continuously to improve the research, treatment and perception of myalgic encephalomyelitis (ME). We welcome support to continue our efforts to advance research and European and international collaboration into this disease.

















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